

Indapur Taluka Shikshan Prasarak Mandal's  
Arts, Science & Commerce College Indapur, Pune-413106  
F.Y. B.A. Teaching Plan 2021 - 22  
Department of Psychology

Kumbhar Nikhita Bapu		FYBA	Social Psychology	11222	II
Unit Name	Topic Name	Topic Description	No of Lect	Weightage	
1. Introduction to social Psychology	1.1 Definition, Brief history of social psychology	(special emphasis on India).			
	1.2 Scope	social psychology			
	1.3 Levels	Levels of social behaviour			
	1.4 Approaches	Approaches towards understanding social behaviour	12	10	
	1.5 Application	Community mental health			
2. Individual Level Processes	2.1 Social Cognition And Social Perception	Difference between Social Cognition & Social Perception			
	2.2 Self-Concept	Nature, Self-regulation and self-presentation			
	2.3 Attitude	Definition, components. Dimensions and formation of attitude	12	20	
	2.4 Prejudice	Causes			
	2.5 Application	Formation of attitude and Prejudice eradication			
3. Interpersonal processes	3.1 Attraction	Interpersonal attraction, love			
	3.2 Pro-social behaviour	Pro-social behaviour			
	3.3 Locus of Control	Locus of control, increasing our helping nature.	12	20	
	3.4 Aggression	Meaning, Nature and causes of Aggression			
	3.5 Application	Prevention and reducing aggression			
4. Groups Dynamics	4.1 Groups	When we join and when we leave, The benefits of joining			
	4.2 Cooperation and Conflict	Cooperation and Conflict			
	4.3 Conformity	Factors affecting Conformity, Obedience & Authority	12	20	



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	4.4 Group decision making	Group decision making			
	4.5 Application	Team Building			
		Total	48	70	

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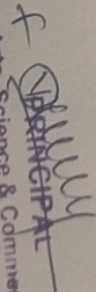
Indapur Taluka Shikshan Prasarak Mandals  
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Teacher Name	Course / Class	Subject Name	Subject Code	Semester
Kumbhar Nikhita Bapu	FYBA	Foundation of Psychology	11221	1
Unit Name	Topic Name	Topic Description	No of Lect	Weightage
1) Psychology - Introduction	1.1 Psychology	A Science, goals of psychology	12	10
	1.2 The brief history & perspective of Psychology:	(Structuralism, Functionalism, Gestalt, Psychoanalysis, Behaviorism)		
	1.3 Career Avenues in Psychology & Fields of Psychology:	(Clinical, Industrial & Organizational, Educational, Social, Developmental, Health, Criminal & Forensic, Military, Sports, Neuropsychology, Environmental, Positive, Spiritual and Women & Child psychology, Past and present		
	1.4 The Indian Psychology	Understanding Behaviour through Methods in Psychology		
	1.5 Application:			
2) Cognitive processes	2.1 Sensation, Attention and Perception,	Nature of perception, laws of perceptual organization	12	20
	2.2 Learning	Classical and Operant conditioning, observational learning		
	2.3 Memory	processes, information processing model(s)		
	2.4 Forgetting	Theories of forgetting		
	2.5 Application	Techniques for improving memory.		
	3.1 Motivation	Definition, Concept of Homeostasis & Maslow's Hierarchy of Motivation		
	3.2 Types of Motivation	Physiological, Psychological & Social		



3) Motivation and Emotion	3.3 Motivational Conflicts	Intra-Conflicts & Inter-Conflicts	12	20
	3.4 Emotion	Definitions, Nature & Importance, Basic Emotions (Joy, Excitement, Tenderness, Sadness, Anger, Fear & Love)		
	3.4 Application	Conflict Resolving Skills		
	4.1 Personality	Definitions, Nature		
	4.2 Personality as a set of traits:	Cattell's, Allport's & Big Five Theory of Personality		
	4.3 Freud's Psychoanalytical Theory	Personality and Transactional Analysis	12	20
	4.4 Intelligence	Definitions, Theories of Intelligence (Gardner's Theory, Cattell's Theory of Intelligence)		
	4.5 Applications:	Testing and enhancing Emotional intelligence.		
		<b>Total</b>	<b>48</b>	<b>70</b>

  
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